

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



01524 410286



head@sandylands.lancs.sch.uk

Newsletter



Wk. beg 4.12.23

Next holiday— After school Friday 22nd Dec

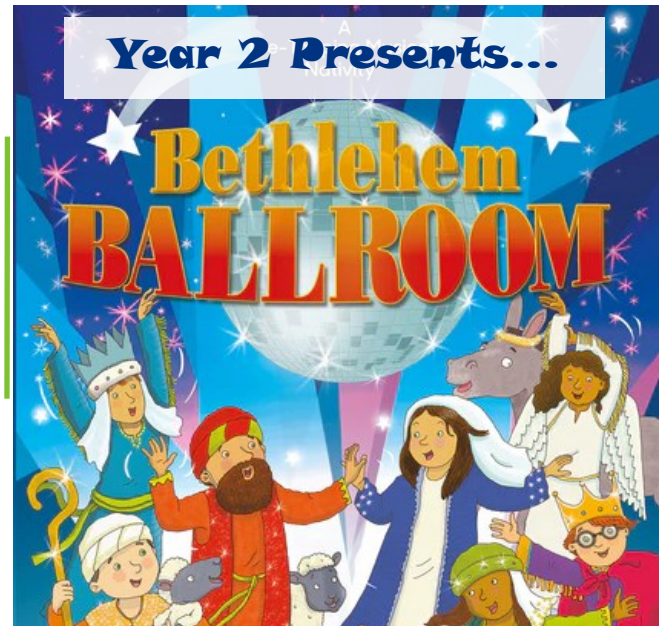


The Highways and Transport office of Lancashire County Council have had some involvement with the parking issues outside school.

If you have any complaints about the parking, please report this online to Lancashire County Council using the following link:

<https://www.lancashire.gov.uk/roads-parking-and-travel/parking/report-a-parking-problem/>

This will ensure that parking enforcement officers visit the area and issue Penalty Charge Notices to the offenders.



Monday 11th December 2pm

Tuesday 12 December 10am

Further information about tickets will be sent out via ParentApp to Year 2 parents



Sandylands Christmas Lunch

Response required!

A letter will be sent home regarding our Sandylands Christmas lunch on Tuesday 19th December. Please can you fill out the form and return it to school before Friday 8th December. No other meal option will be available on that day.

Lantern Workshop for West End Lantern Festival



Year 3 took part in some Lantern workshops last week as part of the local community West End Lantern festival. They have been looking at structures in their Design technology sessions. The children have been researching different lanterns, designing prototypes and then bringing their designs to life. They will then be evaluating and making improvements. Definitely designers of the future!

Reception Stay & Play

not too late to join in the fun.... next date for your diaries in Tue 5th Dec & Thurs 7th December 2023. Looking forward to seeing you there. Share far and wide, please!



Dates for the Diary

Reception Nativity
Tue 5th Dec

Year 2 Nativity
11th & 12th Dec

Christmas Lunch
19th December

Break up
Friday 22nd Dec

Sandylands Christmas Lunch

Tuesday 19th December

Main

*Traditional Roast Turkey & Stuffing,
Pigs in Blankets*

Or

Vegetarian Quorn Roast & Stuffing

With

*Duchesse Potatoes, Roast Potatoes
Baton Carrots, Sprouts, Roasted Parsnips & Gravy*

Desert

*Chocolate & Vanilla
or Strawberry & Vanilla Christmas Ice Cream*

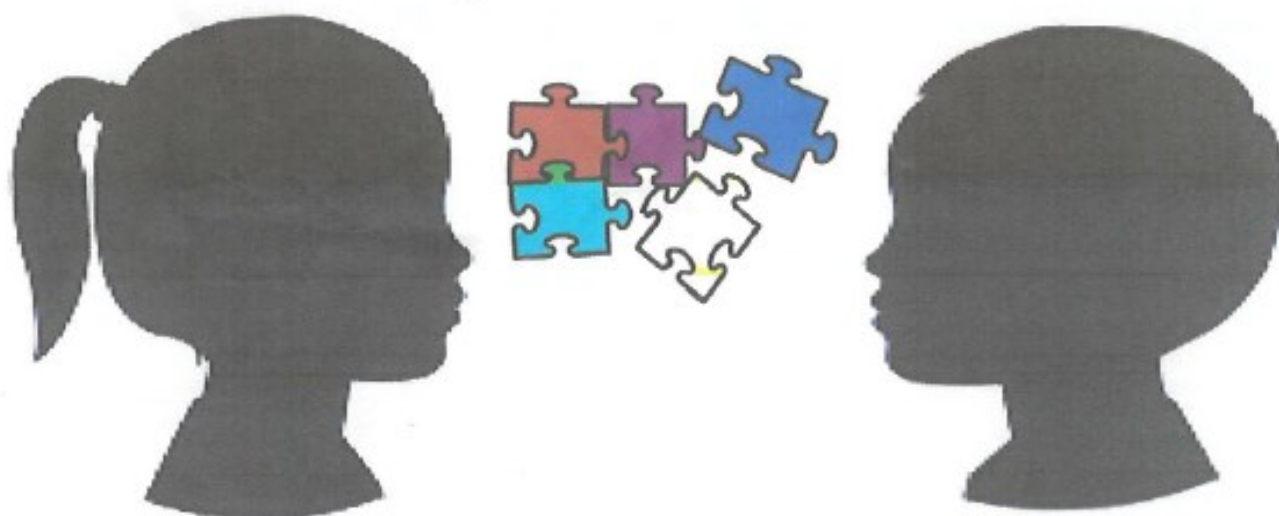
Or

Snowman /Christmas Tree Shortbread

Free party hat for every child



Autistic spectrum disorder



WANT HELP AND INFORMATION?

FEEL THAT NO ONE IS LISTENING?

NEED SOMEONE TO TALK TO?

***THEN COME ALONG TO OUR PEER SUPPORT DROP IN
FOR PARENTS/CARERS OF***

0 - 11 YEAR OLD CHILDREN WITH AUTISM

ON WEDNESDAYS 9.30 TO 11.30




Salvation Army

132, Balmoral Road Morecambe LA3 1HJ

Please ring 01524 415718 for more information



SANDYLANDS AUTUMN/WINTER MENU 2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Mince beef hotpot Or Fish burger in a bun <u>With</u> Sauté Potatoes, peas & carrots <u>Dessert</u> Cheese & crackers</p>	<p>Chicken korma & rice Or Cheese slice <u>With</u> Wedges, mixed veg & sweetcorn <u>Dessert</u> Waffles</p>	<p>Roast Gammon & pineapple Or Tomato pasta <u>With</u> Herb diced potatoes, cauliflower cheese carrot & swede mash <u>Dessert</u> Ice cream roll</p>	<p>Beef Stew Or Mac 'n' Cheese <u>With</u> Potato balls, broccoli & sweetcorn <u>Dessert</u> Jelly</p>	<p>Battered fish with chips and beans <u>With</u> Soup of the day <u>Dessert</u> Homemade brownie</p>
	<p>Spaghetti Bolognese Or Chicken Kebab <u>With</u> Rainbow fries, peas, sweetcorn <u>Dessert</u> Rice pudding</p>	<p>Jumbo fish finger Or Ravioli <u>With</u> Wedges, carrots, green beans <u>Dessert</u> Fresh fruit salad</p>	<p>Roast beef and Yorkshire pudding Or Tomato pasta <u>With</u> Roast potatoes, cabbage, carrot & swede mash <u>Dessert</u> Apple pie & cream</p>	<p>Sausage & gravy Or Cheese & ham pasta <u>With</u> Mash potatoes, peas, broccoli <u>Dessert</u> Cheese & crackers</p>	<p>Battered fish with chips and beans <u>With</u> Soup of the day <u>Dessert</u> Cookies</p>
	<p>Beef burger in a bun Or Tomato pasta <u>With</u> Mixed veg, veg, broccoli <u>Dessert</u> Ice cream roll</p>	<p>Meat & potato pie Or Fish cake <u>With</u> Sauté potatoes, peas & carrots <u>Dessert</u> Apple crumble & custard</p>	<p>Roast chicken & stuffing Or Cheese & ham pasta <u>With</u> Roast potatoes, cabbage, carrot & swede mash <u>Dessert</u> Fresh fruit salad</p>	<p>Lasagne & garlic bread Or Omelette <u>With</u> Rainbow fries, diced potatoes, sweetcorn & green beans <u>Dessert</u> Jelly</p>	<p>Battered fish with chips & beans <u>With</u> Soup of the day <u>Dessert</u> Strawberries & grapes</p>

Daily Alternatives. Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available on request.) **All the daily selections will be on a 3 week rotating menu please speak to a member of kitchen staff regarding any queries to food allergies or intolerances.**

Have you considered:

- Walking or cycling to school instead? This is a great way to contribute to a child's 60 minutes of activity a day and is easy to incorporate into your daily routine. Try it once a week at first and see how easy it can be.
- Parking nearby or getting off the bus two stops earlier and walking the rest of the way. If you live too far away to walk or need your car for your commute to work you can still walk part of the way. Adults in England should aim to take part in at least 150 minutes of moderate intensity physical activity each week.
- Car sharing is a great way to reduce congestion and save you pennies. Team up with other parents or carers who live nearby- share the cost and halve the hassle.

If you have a parking concern outside of your school report it to parking@lancashire.gov.uk

For more information on this leaflet please email the Road Safety Team at roadsafetyschool@lancashire.gov.uk



**Better
Health**

**healthier
families**

Sign up at
nhs.uk/betterhealth

School Parking



Christmas

IN

HEYSHAM

VILLAGE

CHRISTMAS MARKET

Saturday 9th December, 12-6pm

Sunday 10th December, 12-6pm

The Royal Heysham Pub Car Park

Pedestrian access via Royal Fold on Main Street, LA3 2RN

Only
£1
entry per
adult*

- Local Artisan Stalls
- Large Marquee
- Thwaites Shire Horses (Sunday)
- Alpacas (Saturday)
- The Royal Heysham Pub: open for food and drinks inside and outside in their heated tent.
- Live music in the heated tent!



*All proceeds from this event will be reinvested back into the community.

**PLEASE WALK TO VISIT
US WHERE POSSIBLE**

For more information, get in touch at:
heyshamevents@gmail.com

Follow our Facebook page for updates! Scan the code or search Heysham Neighbourhood Community.

