SANDYLANDS AUTUMN/WINTER MENU 2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Mince beef hotpot	Chicken korma & rice	Roast Gammon & pineapple	Beef Stew	Battered fish with chips
	Or	Or	Or	Or	and beans
	Fish burger in a bun	Cheese slice	Tomato pasta	Mac 'n' Cheese	<u>with</u>
	<u>With</u>	<u>With</u>	<u>With</u>	<u>With</u>	Soup of the day
	Sauté Potatoes, peas	Wedges, mixed veg &	Herb diced potatoes,	Potato balls, broccoli &	
	& carrots	sweetcorn	cauliflower cheese carrot	sweetcorn	<u>Dessert</u>
			& swede mash		Homemade brownie
	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	
	Cheese & crackers	Waffles	Ice cream roll	Jelly	
	Spaghetti Bolognese	Jumbo fish finger	Roast beef and Yorkshire	Sausage & gravy	Battered fish with chips
	Or	Or	pudding	Or	and beans
	Chicken Kebab	Ravioli	Or	Cheese & ham pasta	
	<u>With</u>	<u>With</u>	Tomato pasta	<u>With</u>	<u>With</u>
	Rainbow fries, peas,	Wedges, carrots, green	<u>With</u>	Mash potatoes, peas, broccoli	Soup of the day
	sweetcorn	beans	Roast potatoes, cabbage,		
			carrot & swede mash	<u>Dessert</u>	<u>Dessert</u>
	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	Cheese & crackers	Cookies
	Rice pudding	Fresh fruit salad	Apple pie & cream		
	Beef burger in a bun	Meat & potato pie	Roast chicken & stuffing	Lasagne & garlic bread	Battered fish with chips &
	Or	Or	Or	Or	beans
	Tomato pasta	Fish cake	Cheese & ham pasta	Omelette	
	<u>With</u>	<u>With</u>	<u>With</u>	<u>With</u>	<u>With</u>
11 • 11	Mixed veg, veg,	Sauté potatoes, peas &	Roast potatoes, cabbage,	Rainbow fries, diced	Soup of the day
DINING	broccoli	carrots	carrot & swede mash	potatoes,	
				sweetcorn & green beans	<u>Dessert</u>
	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	<u>Dessert</u>	Strawberries & grapes
	Ice cream roll	Apple crumble &	Fresh fruit salad	Jelly	
		custard			

<u>Daily Alternatives</u> Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available on request.) All the daily selections will be on a 3 week rotating menu please speak to a member of kitchen staff regarding any queries to food allergies or intolerances.