





## SANDYLANDS AUTUMN/WINTER MENU 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 	Cottage Pie Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans <u>Dessert</u> Cheese & Crackers	Chicken Korma Rice & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots <u>Dessert</u> Fruit Sponge	Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese <u>Dessert</u> Ice Cream Tub	Chicken Casserole Or Cheese Pastie Broccoli, Carrots, Mash  <u>Dessert</u> Sugar Free Jelly	Battered Fish Or Soup & Sandwich Chips, Baked Beans  <u>Dessert</u> Pineapple Chunks
<b>WEEK 2</b> 	Spaghetti Bolognese Or Vegi Burger Potato Wedges, Mixed Veg, Peas <u>Dessert</u> Black Forest Fruits & Cream	Jumbo Fish fingers Or Savoury Mince Sauté Pots, Sweetcorn, Peas <u>Dessert</u> Rice Pudding	Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Ice Cream Roll	Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots <u>Dessert</u> Cheese & Crackers	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Cookies
<b>WEEK 3</b> 	Chicken Burger in a Bun Or Ravioli Potato Balls, Carrots, Peas <u>Dessert</u> Cherry Crumble & Custard	Beef Stew or Omelette Mash, Peas & Sweetcorn <u>Dessert</u> Fresh Fruit Salad	Sausage & Yorkshire Pudding Or Chicken Goujons Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Rice Pudding	Meatballs & Spaghetti Or Cheesy Garlic Pasta Wedges, Broccoli, Sweetcorn <u>Dessert</u> Melon Slices	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Ice Cream Roll
<b>WEEK 4</b> 	Lasagne & Garlic Bread Or Fish Stars Potato Wedges, Sweetcorn, Carrots <u>Dessert</u> Cheese & Crackers	Meat & Potato Pie Or Ravioli Mash, Beetroot, Peas <u>Dessert</u> Apple Crumble & Custard	Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Fresh Fruit Salad	Beef Burger in a Bun Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans <u>Dessert</u> Poached Pears & Custard	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Sugar Free Jelly

**Daily Alternatives** Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers, (Vegetarian Options available.) **All the daily selections will be on a 4 week rotating menu.**