


CHILDREN AND FAMILY WELLBEING SERVICE – WHAT'S ON GUIDE AT A GLANCE SEPTEMBER 2021

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNE PARK	Virgin Care	Baby Massage 10am -11am Bounce & Rhyme 1.30pm – 2.30pm School Readiness 3.30pm – 4.30pm	Chat, Play & Read 9.30 – 10.30am AOK 1pm – 3pm Health 4 Juniors (5-8yrs) 3.30pm – 4.30pm	Stepping Stones Triple P 9.30am – 11.30am Wiggle & Giggle 1pm – 2pm Family Time Group 3pm – 5pm	Messy Play 9.30am – 10.30am
POULTON	Chat, Play & Read 9.30am – 10.30am Bounce & Rhyme 1pm – 2pm Health 4 Juniors (5-8yrs) 3.30pm – 4.30pm	Wiggle & Giggle 9.30am – 10.30am Young Parents 1pm – 3pm	Virgin Care	Freedom 9.30am – 11.30am Baby Massage 10am – 11am Messy Play 1pm – 2pm School Readiness 3.30pm – 4.30pm	
WESTGATE	Group Triple P 9.30am – 11am Wiggle & Giggle 1pm – 2pm	Messy Play 9.30am – 10.30am	Baby Massage 10am -11am School Readiness 3.30pm – 4.30pm	Bounce & Rhyme 9.30am – 10.30am Health 4 Juniors (8 – 11yrs) 3.30pm – 4.30pm	Chat, Play & Read 9.30am – 10.30am

Contact Information:

Lune Park Neighbourhood Centre, **01524 581280** Westgate Neighbourhood Centre, **01524 586509** Poulton Neighbourhood Centre, **01524 581281**

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONLINE via ZOOM 		Parents to Be 3.30pm – 4.30pm	Freedom 10.30am – 11.30am Group Triple P 1pm – 2pm Triple P Teen 6pm – 7pm		Baby Massage 10.30am – 11.30am

Youth Activities:

<p><u>Monday</u></p> <p>SEND Group (12-25yrs) 6.15pm – 8.30pm Taking place at Morecambe Library.</p> <p>Contact: Claire Armer 07717815062</p>	<p><u>Wednesday</u></p> <p>Detached Session (12 to 19yrs or up to 25 with SEND) 6pm – 8.30pm Starting at Beach Café.</p> <p>Contact: Charlie Bluglass on 07977273886</p>	<p><u>Thursday</u></p> <p>Locality Youth Council (12 to 19yrs or up to 25 with SEND) 7pm – 8.30pm Currently held via Zoom.</p> <p>Contact: Charlie Bluglass on 07977273886</p> <p>Thursday Youth Group 6.15-8.30pm at Morecambe Library.</p> <p>Contact Claire Armer 07717815062</p>	<p>PYRO (LGBTQ+)</p> <p>Contact Nicole Cobb 07887631335 for more information regard date/time/venue.</p> 
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