

Health 4 Juniors



Exciting new group

Starts 8th September 2021 for 7 weeks

Ages 5-8

Monday 3.30-4.30 at Poulton

Wednesday 3.30-4.30 at Lune Park

Ages 9-11

Thursday 3.30-4.30 at Westgate

Making friends

Heathy lifestyle

Seek opportunity

Building confidence

Have fun with activities

Have an open mind

Body safety

Anti-bullying

Online safety

Positive social interactions

To book on call **01524 581280** or email **aneta.chamerska@lancashire.gov.uk**

www.lancashire.gov.uk

