





SANDYLANDS AUTUMN/WINTER MENU 2021/2022

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| WEEK 1  | Spaghetti Bolognese Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans <u>Dessert</u> Fruit Sponge Cake | Chicken Korma Rice & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots <u>Dessert</u> Cookies | Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese <u>Dessert</u> Ice Cream Tub | Meat and potato Pie Or Quorn Chilli & Rice Broccoli, Carrots, Mash <u>Dessert</u> Sugar Free Jelly | Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Pineapple Chunks |
| WEEK 2  | Quorn Tikka & Rice Or Veggie Burger Potato Wedges, Mixed Veg, Peas <u>Dessert</u> Cheese and Crackers | Jumbo Fish fingers Or Savoury Mince Sauté Pots, Sweetcorn, Peas <u>Dessert</u> Rice Pudding | Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Apple Crumble & Custard | Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots <u>Dessert</u> Ice Cream Tub | Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Fruit Salad |
| WEEK 3  | Beef Burger in a Bun Or Chicken Pie Potato Balls, Carrots, Peas <u>Dessert</u> Chocolate Sponge & Custard | Meatballs and Spaghetti or Omelette <u>Dessert</u> Fresh Fruit Salad | Sausage & Yorkshire Pudding Or Tomato Pasta <u>Dessert</u> Rice Pudding | Chicken Burgers Or Ravioli <u>Dessert</u> Waffles & Cream or Trifle | Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Ice Cream Roll |
| WEEK 4  | Lasagne & Garlic Bread Or Chicken Goujons Potato Wedges, Sweetcorn, Carrots <u>Dessert</u> Cheese and Crackers | Cheese and Onion Pie Or Ravioli Mash, Beetroot, Peas <u>Dessert</u> Apple Sponge & Custard | Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Fruit Salad | Beef Stew Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans <u>Dessert</u> Muffins | Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Sugar Free Jelly |

Daily Alternatives Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers, (Vegetarian Options available on request.) **All the daily selections will be on a 4 week rotating menu.**