

# REVERSE ADVENT CALENDAR

Our **Reverse Advent Calendar** is a way for us to collect food and special items for families living in poverty around **Morecambe Bay** to give them a treat at Christmas time. Please start from the first or second week in November so that what you collect can be with the Foodbank before **14th December**.

<b>1</b> Tinned Fruit	<b>2</b> Steamed Puddings	<b>3</b> Crisps	<b>4</b> Custard	<b>5</b> Wrapped Biscuits	<b>6</b> Colouring Books and Pencils
<b>7</b> Tinned Ham or Meat	<b>8</b> Tinned Potatoes or Vegetables	<b>9</b> Tea or Coffee	<b>10</b> Jam or Honey	<b>11</b> Long Life Milk	<b>12</b> Pet Food and Treats
<b>13</b> Children's Treats	<b>14</b> Christmas Pudding	<b>15</b> Long Life Juice	<b>16</b> Christmas Cake	<b>17</b> Shower Gel or Shampoo	<b>18</b> Tinned Potatoes or Instant Mash
<b>19</b> Pasta Sauces	<b>20</b> Hot Chocolate	<b>21</b> Instant or Tinned Soup	<b>22</b> Text <b>ADVENTS</b> to <b>70460</b> to donate <b>£5</b>	<b>23</b> Tinned Pies or Stew	<b>24</b> A Selection Box of Biscuits

For information about getting your donations to us please go to our Facebook page, our website [www.morecambebay.foodbank.org.uk](http://www.morecambebay.foodbank.org.uk) or call us on **01524 932001**

This Foodbank is a Registered Charity in England and Wales, Number 1176579

**THANK YOU!**

## DONATION POINTS

- Rear entrance to Platform, Old Station Buildings, Morecambe, LA4 4DB
- Sainsburys, Lancaster and Morecambe
- Tesco, Carnforth; Asda, Lidl, Lancaster; Morrisons, Morecambe
- Morecambe Festival Market
- Salvation Army shop, 19 Market Street, Carnforth
- Co-op Food, Bye Pass Road, Bolton le Sands, Carnforth, LA5 8JA
- Arndale Centre, Morecambe (normal opening hours)

Please see our facebook page and website for up to date collection points

### CAN YOU HOST A COLLECTION POINT, WORK OR STREET COLLECTION?

With the current restrictions in place due to Covid 19, many workplaces, community spaces and other previous sources of valuable and essential donation points are unable to operate this year.

If you can help with hosting a collection or providing a collection point please get in touch.

### COULD YOU SUPPORT THE MORECAMBE BAY FOODBANK EACH MONTH?

As demand for our services has risen, our costs have gone up too!

Regular donations help us to plan and make sure that we can keep on helping families in crisis.

If you can, could you give us a financial donation each month? The best way to do this is to set up a standing order to our bank account.

Morecambe Bay Foodbank, registered charity 1176579.  
Account Number 42209552  
Sort Code 01-05-78

**THANK YOU SO MUCH FOR YOUR SUPPORT. TOGETHER, WE CAN.**