





SANDYLANDS SPRING/ SUMMER MENU 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WEEK 1</p> 	Meatballs in tomato sauce Or Fish stars Sauté Potatoes Peas Sweetcorn <u>Dessert</u> Fresh fruit salad	Chicken & leek pie With sliced potato top Or Ravioli Potato wedges, green beans, mixed veg <u>Dessert</u> Chocolate sponge & custard	Roast ham & pineapple Or Chicken goujons Roast potatoes, carrot & swede, cabbage <u>Dessert</u> Sugar free jelly	Chicken curry & rice with naan bread or poppadum Or Tomato pasta Sliced carrots, peas <u>Dessert</u> Melon slices	Battered Fish Or Choice of a sandwich Chips, mushy peas <u>Dessert</u> Ice cream tub
<p>WEEK 2</p> 	Cumberland sausage pieces in gravy Or Chicken burger in a bun Wedges, sweetcorn, peas <u>Dessert</u> Frozen yogurt or fresh fruit	Big Fish Fingers Or Macaroni cheese New potatoes, broccoli, baton carrots <u>Dessert</u> Fresh fruit salad	Roast beef & Yorkshire pudding Or Pulled pork wrap Roast potatoes, carrot & swede, cabbage <u>Dessert</u> Ice cream roll	Chicken fajitas Or Sausage roll Potato balls, sweetcorn, green beans. <u>Dessert</u> Apple crumble slice & cream	Battered fish Or Choice of sandwich Chips, baked beans <u>Dessert</u> Jelly
<p>WEEK 3</p>  <p>DINING</p>	Beef burger in a bun Or Spring rolls & Chinese chicken Sweet potato fries, sliced carrot, green beans <u>Dessert</u> Flap jack or fruit	Cheese & tomato pizza Or cheese & Ham pizza Or Quorn chilli Potato balls, peas, sweetcorn <u>Dessert</u> Sugar free jelly	Roast chicken & stuffing Or Vegetable bakes Roast potatoes, carrot & swede, parsnips <u>Dessert</u> Lemon sponge & custard	Lasagne & garlic bread Or Omelette Sauté potatoes, mixed veg, broccoli <u>Dessert</u> Pancakes	Battered fish Or Choice of a sandwich Chips, baked beans <u>Dessert</u> Fresh fruit salad
<p>WEEK 4</p>  <p>Lunch Bunch</p>	Minced beef hotpot with slice potato topping Or Turkey bites Potato balls, peas & carrots <u>Dessert</u> Melon slices	Sweet & sour chicken & rice Or Cheese & tomato quiche Sauté potatoes, sweetcorn, green beans <u>Dessert</u> Fruit sponge cake	Sausage & Yorkshire pudding Or Tomato pasta Roast potatoes, carrot & swede, cabbage <u>Dessert</u> Fresh salad (optional cream)	Ploughman's lunch (cold meat, pork pie, cheese & pickle, crusty roll) Potato wedges & salad <u>Dessert</u> Choc chip shortbread	Battered fish Or Choice of a sandwich Chips, baked beans <u>Dessert</u> Ice cream roll

Daily Alternatives Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available on request.) **All the daily selections will be on a 4 week rotating menu please speak to a member of kitchen staff regarding any queries to food allergies or intolerances.**